



2 CAN DINE

Prairie Meats

Each option serves 2 and provides approximately 8oz protein per person.

PICK YOUR MAIN - select 1 of the following*

CLASSIC \$36.90 2 - 10oz New York Striploin Steaks

BEEF \$29.90

CHICKEN \$24.90

PORK \$22.90

2 - Top Sirloin Steaks

2 - Chicken Breasts
natural or marinated

4 - Boneless Pork Chops
peppercorn

..... OR

..... OR

..... OR

2 - Beef Kabob
mesquite or seasoned

2 - Chicken Kabobs
lemon herb, honey garlic,
Louisiana, Monteray, souvlaki

2 - Pork Kabobs
souvlaki, honey rosemary,
sweet mesquite

VEGETARIAN \$18.90 2 - Vegetable Kabobs

PICK YOUR SIDES - select any 3 of the following*

2 Stuffed Mushrooms
bacon & cheese or seafood

1 Small Deli Fresh Salad
macaroni, potato, greek, pasta, etc

2 Taterbobs
potato and onion kabob

2 Stuffed Potatoes
gourmet or cheddar

2 Shrimp Kabob

2 Bacon Wrapped Jalapeno
stuffed with cream cheese

2 Stuffed Peppers

2 Veggie Kabob

*Flavours may vary by store. Prices are subject to change. Vegetarian option.

7/22/2021

SASKATOON

2326 Millar Ave.
306.244.4024

60-3230 Preston Ave. S.
306.952.5939

106-3929 8th St.
306.477.1959

PRINCE ALBERT

25-13th St. E.
306.922.2050

REGINA

4605 Gordon Rd.
306.545.3211

1255 Cornwall St.
306.525.3791

COOKING INSTRUCTIONS



MAINS

Note: cooking times are approximate and vary with oven / bbq / appliance.

Our 2CanDine meal packages offer a variety of mains:

- Beef (steaks / kabobs)
- Chicken (breasts / kabobs)
- Pork (chops / kabobs)

Methods of cooking meat include dry heat (roasting, broiling, pan-broiling, pan-frying, stir-frying and outdoor grilling) or moist heat (braising and cooking in liquid).

Feel free to cook your favourite way.

BBQ, pan-fry, oven, slow cooker, etc. The important thing is to cook meat to the proper internal temperature.

Type of Meat	Recommended Internal Temperature	Doneness Cooked to Taste
BEEF	145°F + 3 minute rest	Rare125°F Medium.....140°F Well Done...160°F
CHICKEN	165°F	
PORK	145°F + 3 minute rest	Medium.....150°F Well Done...160°F
SHRIMP	145°F	

SIDES

Note: cooking times are approximate and vary with oven / bbq / appliance.

STUFFED MUSHROOMS

- Remove from wrapping, place on baking sheet.
- Cook in preheated 350°F oven for approx. 15 min.

STUFFED POTATOES

- Remove from wrapping, place on baking sheet.
- Cook in preheated 400°F oven for 15 - 20 min.

STUFFED PEPPERS

- Remove from wrapping, place on baking sheet.
- Cook in preheated 350°F oven for approx. 25 - 30 min.

SHRIMP KABOBS

- Remove from wrapping.
- In frying pan: 1 - 3 min. per side.
or Broil: 8" from heat 1 - 3 min. per side.

TATERBOBS

- Remove from wrapping,
- Cook in preheated 350°F oven for approx. 20 min.,
or Broil 8" from heat for approx. 12 min. turning halfway,
or Grill on Medium heat until soft & slightly charred.

BACON WRAPPED JALAPENOS

- Remove from wrapping, place on baking sheet.
- Cook in preheated 400°F oven for 15 - 20 min. until bacon is crispy.

VEGGIE KABOBS

- Remove from wrapping,
- Cook in preheated 350°F oven for approx. 20 min.,
or Broil 8" from heat for approx. 12 min. turning halfway,
or Grill on Medium heat until soft & slightly charred.

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